



## **INSTRUCTION**

### **Substance Abuse Prevention Program**

Actions taken by staff in dealing with student use of alcohol and the use and abuse of controlled illegal, addictive or harmful substances, including marijuana (cannabis), will have as their first concern the welfare of the student involved and the other students in the school. Although a helping relationship rather than an investigative and punitive approach will be emphasized, necessary and appropriate disciplinary action will be taken when laws or school regulations are violated. Law enforcement agencies will be called upon for investigative and consultative assistance where illegal alcohol or other drug activity has occurred.

### **Prevention**

The prevention program shall focus on **classroom instruction, guidance services, and creating a positive school climate** ~~improving a student's capacity and readiness to learn.~~

### **Instruction**

This dimension of the prevention program shall focus on:

- A. The development of assets which foster resiliency and provide youth with the skills needed to lead healthy, responsible and productive lives.
- B. Skill development related to self-esteem, goal setting, decision-making, conflict management, problem solving, refusal strategies and communication.
- C. The effects of addictive substances such as alcohol and other drugs, including nicotine, upon the body.

### **Guidance Services**

Staff shall meet with students individually and in small groups to supplement addictive substance prevention, instruction, and skill development. Staff will also assist parents ~~to maximize in~~ **maximizing** the prevention efforts of the school.

### **School Climate**

A facilitative school environment can help students to achieve in a productive manner (academically, socially and emotionally). To this end, the school will encourage the formation of peer helper, student assistant teams, education and/or prevention organizations and promotions that increase **the** awareness of the effects of substance abuse and provide healthy activities as alternatives. Student support groups shall assist students concerned about their own substance abuse, students living in families suffering from substance abuse and students concerned about the substance abuse of someone else.

## **Intervention**

The goal of the intervention/prevention program shall be to eliminate the use **and abuse** by students of alcohol and **the use and abuse of** controlled, illegal, addictive, or harmful substances, including marijuana (cannabis). Ongoing training will be provided for faculty and staff. Important aspects of training will include impact on families and dynamics of the addiction process; enabling behaviors; intervention techniques; children in chemically dependent families; student experimentation, use and dependency; parental involvement and community resources; prevention issues and strategies; treatment and aftercare support; and implementation of the program into the classroom/school.

Staff roles for the intervention program are as follows:

- A. Administrators, counselors, selected staff, and nurses may meet regularly for the purpose of identifying any student(s) who may be in need of assistance. Such staff shall be sensitive to identifying symptoms of substance abuse.
- B. School appointed staff will meet to review referrals; confer with students and, if warranted, counselors, administrators and/or parents; collect data; make recommendations for services; and maintain a confidential system of record keeping. Parent involvement will be sought before any program of on-going intervention is initiated.
- C. Responsibility for primary aftercare and/or healthcare recommendations for students returning from a community treatment program rests with the student, parent and community treatment program personnel. School staff, the student, parent(s), and community treatment personnel will work cooperatively to facilitate the aftercare plan. Students returning to school from a community inpatient or outpatient treatment program will be given aftercare support by the student assistance team.

## **Student Discipline**

Discipline for the misconduct by students relating to alcohol, controlled, illegal, addictive or harmful substances, including marijuana (cannabis), is set forth in [Policy 3300](#) Student Discipline.

## **Program Evaluation**

**To assess the scope of student use of addictive substances such as alcohol, drugs, and nicotine, referrals to and participation in alcohol, drugs, and nicotine interventions, and success of these interventions, the following information will be collected and reviewed by the student services director prior to the end of each school year.**

- **The Washington State Healthy Youth Survey for grades 6, 8, 10 and 12 once every other year.**
- **The number of student school discipline incidents related to alcohol, controlled substances/illegal drugs, and tobacco.**
- **The number of students referred to drug and alcohol counseling related to a school disciplinary action, who:**
  - **participated in the intervention;**
  - **refused to participate in the intervention;**

- completed the intervention; or
- participated in but did not complete the intervention.
- The number of students referred for tobacco intervention, who:
  - participated in the intervention;
  - refused to participate in the intervention;
  - completed the intervention; or
  - who participated in but did not complete the intervention.

Cross reference:      [Board Policy 2334](#)      Substance Abuse Prevention Program

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